

# MENU OWLS AND BADGERS

## MONDAY

### Snack

PITTA WITH HUMMUS

### Lunch

ORGANIC WHOLE MILK OR WATER  
PENNE PASTA BOLOGNAISE WITH GRATED  
CHEESE

### Dessert

POACHED PEAR AND CUSTARD

### Tea

WHOLEMEAL PITTA AND CHICKEN AND CHEESE  
WITH SALAD

## TUESDAY

### Snack

BANANA BREAD  
ORGANIC WHOLE MILK OR WATER

### Lunch

FISH CAKES AND MASH WITH VEG

### Dessert

RICE PUDDING  
WITH BANANA

### Tea

BROCCOLI AND TOMATO MACARONI PASTA

## WEDNESDAY

### Snack

COOKED CARROTS STICKS AND CUCUMBER  
STICKS WITH HUMMUS  
ORGANIC WHOLE MILK OR WATER

### Lunch

SAUCY SAUSAGE PASTA BAKE WITH VEG

### Dessert

SELECTION OF FRUIT

### Tea

CREAMIE TOMATO SOUP AND  
GARLIC BREAD

## THURSDAY

### Snack

SELECTION OF SEASONAL FRUIT ORGANIC  
WHOLE MILK OR WATER

### Lunch

CHILLI CONCARNE WITH RICE AND BROCCOLI  
AND CARROTTS

### Dessert

SUGAR FREE JELLY AND SELECTION OF FRUIT

### Tea

PITTA POCKETS  
WITH TUNA AND CUCUMBER

## FRIDAY

### Snack

VANILLA AND BLUEBERRY RICE CAKES WITH  
BUTTER

### Lunch

ROAST TURKEY WITH ROAST POTATOES AND  
VEG

### Dessert

SUGAR FREE JELLY AND A SELECTION OF  
FRUIT

### Tea

SCRAMBLED EGG AND BEANS

## BREAKFAST

SELECTION OF CEREAL,  
BROWN BREAD TOAST  
BANANA WITH WEETABIX  
TEA CAKES  
ORGANIC MILK OR WATER